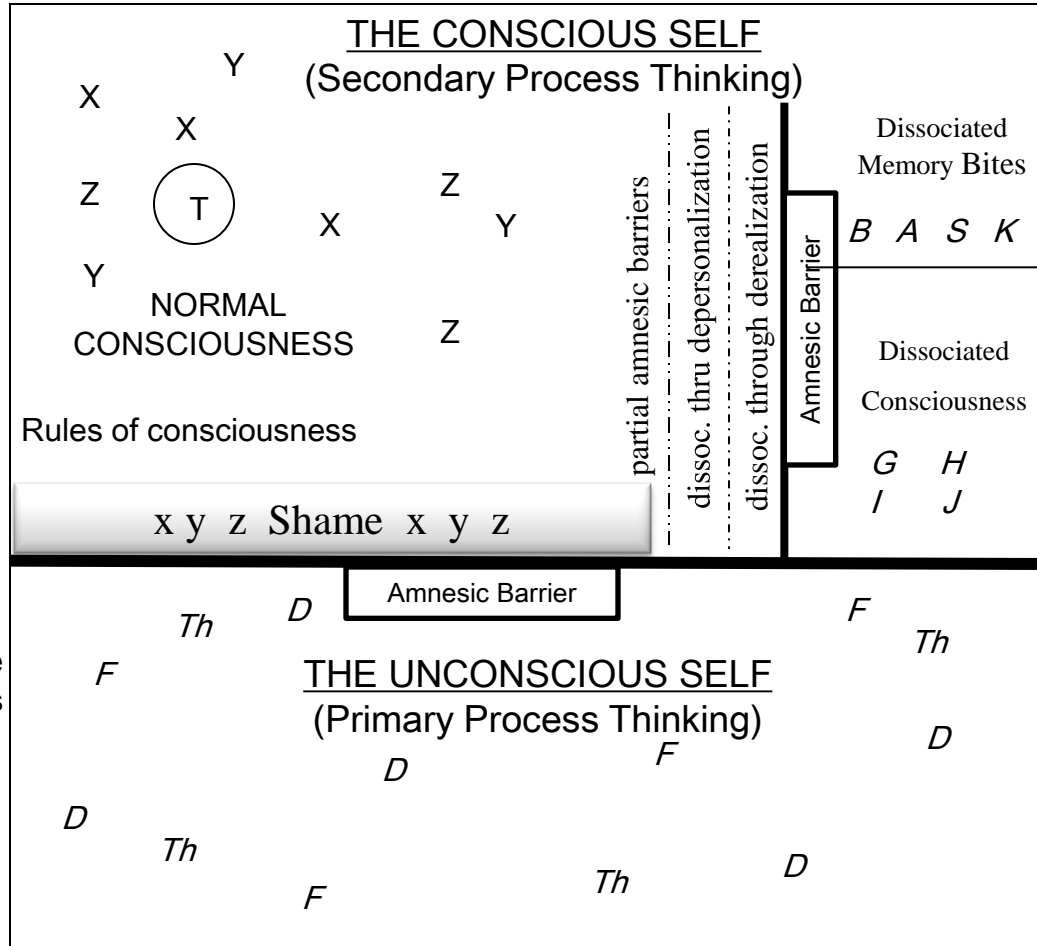


VARIABLE CONSCIOUSNESS

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(T) = trigger = a stimulus whose presence in consciousness threatens to pull data from the dissociated or unconscious realm into consciousness



Memory often broken into:

B = behavior
A = affect
S = sensation
K = knowledge

Rules of consciousness are generally superego dictates which determine what data a person is allowed to be conscious of and what data must be relegated to the unconscious.

Repression & suppression are the mechanisms which guard the compulsion line. Compulsion is a mechanism which produces the repression or suppression needed.

This is distinct from the dissociation zones which are generally ego decisions of what can or cannot be coped with.

Psychic Material Key

X = conscious thoughts
Y = conscious feelings
Z = conscious drives

Th = unconscious thoughts
F = unconscious feelings
D = unconscious drives

G = dissociative thoughts
H = dissociative feelings
I = dissociative drives
J = dissociative strategies